



**The Second Annual Trauma Spectrum Disorders Conference:**  
**A Scientific Conference on the Impact of Military Service**  
**on Families and Caregivers**  
**DAY 1: 0700-1730**  
**10 December 2009**  
**Natcher Auditorium, NIH**

<b>Time</b>	<b>Agenda Item</b>	<b>Speaker</b>
<b>0700 - 0800</b>	Registration Opens	
<b>0800 - 0810</b>	Opening Remarks	Janine Austin Clayton, MD, Deputy Director, ORWH
<b>0810 - 0820</b>	Opening Remarks	Brigadier General Loree Sutton, MD, DCoE Director, Special Assistant to the Assistant Secretary of Defense (Health Affairs) for Psychological Health and Traumatic Brain Injury
<b>0820 - 0830</b>	Opening Remarks	Joel Kupersmith, MD, Chief Research and Development Officer, VA Office of Research and Development
<b>0830 - 0900</b>	Keynote: A Personal Perspective	Patricia K. Shinseki, Board Member, Military Child Education Coalition

**Session I: 0900 - 1145**  
**Location: Natcher Auditorium, NIH**

**Session I:** Data for Decision Making: What the data say about the Impact of deployment on families and caregivers.

<b>0900 - 0920</b>	An Introduction to the effects of deployment on service members and their families as well as give the perspective from the sponsoring agencies and the private sector.	Stephen Cozza, MD
<b>0920 - 0940</b>	The Millennium Cohort Study: A 21-year Contribution to the Understanding of Military and Veterans' Health	Tyler C. Smith, MS, PhD Timothy S. Wells, MPH, PhD



## The Second Annual Trauma Spectrum Disorders Conference Agenda

Time	Agenda Item	Speaker
<b>0940 - 1000</b>	The VA's Changing Mission: Focusing on Families and Caregivers of Veterans with Trauma	Susan J. McCutcheon, RN, EdD
		Anne Sadler, RN, PhD
		Heather Mahoney-Gleason, LCSW
<b>1000 - 1020</b>	Dispatches from the Field: From Research to Application and Back Again	David Riggs, PhD

### 1020- 1035 BREAK

Time	Agenda Item	Speaker
<b>1035 - 1055</b>	The Millennium Cohort Study: Families	William E. Schlenger, PhD
<b>1055 - 1115</b>	Joint Research Efforts of RAND and the National Military Family Association	Anita Chandra, Dr PH
<b>1115 - 1130</b>	Army STARRS: Army Study to Assess Risk and Resilience in Service members	Robert K. Heintzen, PhD
<b>1130 - 1145</b>	Reserve Component Perspectives	Brigadier General Margaret Wilmoth, PhD, MSS, RN, FAAN
<b>1145- 1200</b>	What to Do Until the Results Are In: Combining Available Research, Clinical Experience and Common Sense to Address Problems Now and Introduction to the Afternoon Tracks	Mark Willenbring, MD

### 1200- 1230 BREAK

### 1230 WORKING LUNCH Begins - Tracks 1-3

**TRACK 1: Caregiving** - This session will review the trauma-related caregiving including the latest research on caregivers from the Operation Enduring Freedom (OEF) and Operation Iraqi Freedom (OIF) injured populations, highlight the caregiver experiences, share lessons learned from interventions with caregivers.

**LOCATION: Breakout Room - TBD**

**Moderators:**

- **Karen Huss, PhD, RN, APRN-BC, FAAN, FAAAAI Program Director, Section on Acute and Long Term Care, End Of Life, & Training, National Institute of Nursing Research, National Institutes of Health**
- **Joan Griffin, PhD, Minneapolis VA Medical Center**

<b>1230- 1250</b>	Overview of the Trauma Related Caregiving Research	Karen Huss, PhD, RN, APRN-BC, FAAN, FAAAAI
<b>1250 - 1310</b>	The Caregiver Experience	Sheri Hall, Military Spouse



## The Second Annual Trauma Spectrum Disorders Conference Agenda

Time	Agenda Item	Speaker
<b>1310 - 1400</b>	Lessons from Other Caregiving Research and Civilian Populations	Peter S. Arno, PhD
		Deborah Viola, PhD
		JoAnne Youngblut, PhD
		Jeffrey S. Kreutzer, PhD, ABPP, FACRM
<b>1400 - 1420</b>	Questions / Discussion	Karen Huss, DNSc, RN, APRN-BC, FAAN, FAAAAI
<b>1420-1440 BREAK</b>		
<b>1440 - 1530</b>	Findings from Research of Caregivers Caring for OEF / OIF Injured Populations	Joan Griffin, PhD
		Carmen Hall, RN, PhD
		Lisa Najavits, PhD
<b>1530 - 1550</b>	Health Resources and Services Administration (HRSA); The Federal Traumatic Brain Injury (TBI) program	CAPT Janie Martin Heppel
<b>TRACK 2: Child and Adolescent Development - This session will provide an overview of the characteristics of child and adolescent development and identify how parental military deployment, service and reintegration affect overall family adjustment and well-being.</b>		
<b>LOCATION: Breakout Room - TBD</b>		
<b>Moderators:</b> <ul style="list-style-type: none"> <li>• Valerie Maholmes, Ph.D., C.A.S., Social and Affective Development/Child Maltreatment and Violence in the Child Development and Behaviour Branch at NICH</li> <li>• Susan Salasin, Women and Violence Program, Center for Mental Health Services and National Center for Trauma-Informed Care</li> </ul>		
<b>1230 - 1255</b>	Recognizing and Responding to Child Stress: The Role of the Pediatrician	Eric M. Flake MD, FAAP, Major, USAF MC
<b>1255 - 1320</b>	Psychosocial Impact of Military Deployment and Separation on Young Children (gender, race, ethnicity and socioeconomic status)	Patricia Lester, MD
<b>1320 - 1400</b>	Deployment through the Eyes of Adolescents: Exploring Vulnerability and Resilience	Angela Huebner, PhD, Jay Mancini, PhD,
<b>1400 - 1425</b>	Questions/Discussion	Valerie Maholmes, PhD, CAS
<b>1425 - 1445 BREAK</b>		
<b>1445 - 1510</b>	Families OverComing Under Stress (FOCUS)	Patricia Lester, MD



## The Second Annual Trauma Spectrum Disorders Conference Agenda

Time	Agenda Item	Speaker
1510 - 1535	Military Community & Family Policy Initiatives in Support of Families & Caregivers	David Kennedy, Navy CAPT (ret)
1535 - 1600	Assessment-Based Treatment for Traumatized Children: Using The Trauma Assessment Pathway (TAP) Model	Lisa Conradi, PsyD
1600 - 1630	Questions/Discussion	Valerie Maholmes, PhD

**TRACK 3: Family Functioning - This session will review how current and prior military service affects adult relationships; highlight how the novel interventions to improve relationships are impacted by trauma; and describe the role of substance use in compounding family issues of persons with current or prior military service.**

**LOCATION: Breakout Room - TBD**

**Moderators:**

- Shirley M. Glynn, PhD, VA Office of Mental Health Services and GLAHS and UCLA
- Carole Warshaw MD Executive Director, Domestic Violence & Mental Health Policy Initiative Director, National Center on Domestic Violence, Trauma & Mental Health, Chicago

1230 - 1240	Family Functioning Problems and Deployment/Trauma Issues	Steven Sayers, PhD,
1240 - 1300	Post Traumatic Stress Disorder and Intimate Partner Violence Perpetration	April Gerlock, PhD, ARNP
1300 - 1320	Soldier Mental Health and Family Functioning among National Guard Soldiers	Chris Erbes, PhD, LP Melissa Polusny, PhD, LP
1320 - 1345	Learning Sobriety Together: Partners Involved Intervention for Alcohol and Drug Abuse	William Fals-Stewart, PhD
1345 - 1350	Special Considerations for Female Veterans (including comorbidities)	Rachel Kimerling, PhD
1350 - 1405	Trauma Informed Psychological Empowerment Program for Military Families	Julian D. Ford, PhD,
1405 - 1420	Mechanisms of Risk and Resilience Among Military Couples	William Saltzman, PhD
1420 - 1445	Question/Discussion	Carole Warshaw, MD

**1445 - 1505 BREAK**

1505 - 1525	Project Reach: A Multi-Family Group Psycho-educational Intervention for PTSD	Michelle D. Sherman, PhD Ellen Fischer, PhD
1525 - 1540	Cognitive-Behavioral Conjoint Therapy for Post-Traumatic Stress Disorder (PTSD)	Candice Monson, PhD
1540 - 1555	Couples Therapy for Alcohol Use Disorders and PTSD	Jeremiah Schumm, PhD
1555 - 1610	Structured Approach Therapy for PTSD in OIF/OEF Vets	Frederic Sautter, PhD



## The Second Annual Trauma Spectrum Disorders Conference Agenda

Time	Agenda Item	Speaker
<b>1610 - 1630</b>	Questions/Discussion	Shirley M. Glynn, PhD
<b>Final Panel/ Adjournment Remarks Location: Natcher Auditorium, NIH</b>		
<b>1630 - 1710</b>	Breakout Session Outbriefs (recommendations and next steps)	Shirley M. Glynn, PhD  Karen Huss, DNSc, RN, APRN-BC, FAAN, FAAAAI,  Valerie Maholmes, PhD, CAS,
<b>1710 - 1730</b>	<ul style="list-style-type: none"> <li>▪ Closing Remarks &amp; Announcements</li> <li>▪ Summary of the Day's Discussion</li> <li>▪ Explanation of Day II</li> <li>▪ Expectations for Next Year's Conference</li> </ul>	Sonja Batten, PhD, Deputy Director, DCoE